

\*S.H.I.N.E.:

A Workshop for Moms and  
Daughters on Self-Esteem and Real Beauty  
\*She-Has- Inner-Natural-Excellence!

When: Wednesday, March 23<sup>rd</sup> 2011  
5:30 pm – 8:30 pm  
Pizza and Soda (5:30 – 6pm)  
\$3.00 per person ~ payable @ the door

Where: Buffalo Academy of the Sacred Heart  
3860 Main Street, Amherst

Why: To raise awareness and promote a wholesome approach  
to building a healthy identity for young girls  
in grades 4 through 8

Keynote Presenter: **Anucha Browne-Sanders** ~ former women's  
basketball player, collegiate star at Northwestern University, former  
executive for the New York Knicks of the NBA. She is currently the  
Senior Associate Athletic Director for Marketing at the University at  
Buffalo. Anucha is married with three children.

Also:

Panel Discussion on the Culture and Challenges of Raising our  
Daughters will follow the keynote.

Registration Deadline: March 18

To register: call the Office of Family Life Ministries @ 847-2210 or  
Email: [familylife@buffalodiocese.org](mailto:familylife@buffalodiocese.org)